

Valley Christian Boys Basketball November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Conditioning - 3:00-4:00	3 Varsity Fall League at Western High School vs. Cypress 5:30 Conditioning - 3:00-4:30	4 Tryout - Gym: 3-5	5 Rest	6 Rest	7 No Practice
8	9 Varsity: 5-7	10 Varsity: 2-4 JV/Fr/So: 3-5 (4-5 Gym)	11 Varsity: 5-7	12 1/2 day of school Var/JV/Fr/So 12:00-2:00	13 Last Regular Season Football Games Varsity 2-4	14 No Practice
15	16 Varsity: 5-7 JV: 3-5 Fr/So: 3-5	17 Varsity: 2-4 JV: 3-5 (4-5 gym) Fr/So: 3-5 (4-5 gym)	18 Varsity: 2:30-4:30 JV: 3-5 (4:00-5:00 Gym) Fr/So: 3-5	19 Varsity: 4-6 PM JV: 4-6 PM Fr/So: 3-5	20 Varsity: 4-6 PM JV: 4-6 PM Fr/So: 3-5	21 Varsity - No practice Fr/So - 10 AM-12 PM
22	23 No School This Week Varsity - No practice today JV - 8-10 AM Fr/So - 10-12 PM	24 Varsity: 7-9 PM JV: 8-10 Fr/So: 10-12	25 No School This Week Varsity: 4-6 JV: 2-4 Fr/So: 12-2	26 Thanksgiving Day No Basketball	27 Scrimmage vs. Cerritos Fr/So - 9:00 JV - 10:30 Var - 12:00 Parent Meeting - 1:30-2:15	28 No School This Week No Practice
29	30 See December Calendar					

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	30 Fr/So @ Bolsa Grande Tourney - TBA Varsity: 5-7 JV: 6-8 PM	1 JV/Varsity vs. St. Margaret's - 5:00/6:30 Fr/So @ Bolsa Grande Tourney - TBA	2 Fr/So @ Bolsa Grande Tourney - TBA Varsity: 5-7 JV: 3-5	3 Fr/So @ Bolsa Grande Tourney - TBA Varsity: 1:30-3:30 JV: 3:00-5:00 (Gym)	4 Fr/So @ Bolsa Grande Tourney - TBA Varsity: 2-4 (3-4 overlap with girls) JV: 6:30 AM	5 Fr/So @ Bolsa Grande Tourney - TBA JV: 8-10
6	7 Varsity TBD JV: TBD Fr/So: @ Cerritos - 5:00	8 VCHS Varsity Tourney TBA JV @ Bolsa Grande Tourney - TBA Fr/So: 3-5	9 VCHS Varsity Tourney TBA JV @ Bolsa Grande Tourney - TBA Fr/So: 3-5	10 JV @ Bolsa Grande Tourney - TBA Fr/So vs. Whitney - 8:00 Varsity TBD	11 VCHS Varsity Tourney TBA JV @ Bolsa Grande Tourney - TBA Fr/So: 3-5	12 VCHS Varsity Tourney TBA JV @ Bolsa Grande Tourney - TBA Fr/So: 8-10 AM
13	14 JV @ Bellflower Tourney - TBA Varsity: 5-7 Fr/So: 3-5	15 Varsity at Beckman Tourney - vs. Dana Hills - 6:00 JV @ Bellflower Tourney - TBA Fr/So - 3-5	16 Varsity - Practice at off-site location - TBD JV @ Bellflower Tourney - TBA Fr/So @ Whitney - 3:00	17 Varsity at Beckman Tourney - Katella - 3:00 JV @ Bellflower Tourney - TBA Fr/So - vs. Lakewood - 6:00	18 Varsity at Beckman Tourney - TBA JV @ Bellflower Tourney - TBA	19 Varsity at Beckman Tourney - TBA JV @ Bellflower Tourney - TBA
20	21 Fr/So @ El Segundo Tourney - TBA Var: 10-12 JV: 12-2	22 Fr/So @ El Segundo Tourney - TBA Var: 10-12 JV: 12-2	23 Varsity vs. Gahr @ Cerritos Showcase - 6:00 Fr/So @ El Segundo Tourney - TBA JV: 10-12	24 No Basketball	25 Merry Christmas	26 Varsity at Whittier Christian Tourney - TBA JV at Loara Tourney - 4:00 vs. Esperanza
27	28 Varsity at Whittier Christian Tourney - TBA JV at Loara Tourney - 4:00 vs. Savanna Fr/So: 8-10	29 Varsity at Whittier Christian Tourney - TBA JV at Loara Tourney - 4:00 vs. Western Fr/So: 8-10	30 Varsity at Whittier Christian Tourney - TBA JV at Loara Tourney - TBA Fr/So: 8-10	31 No Basketball	1 No Basketball	2 No Basketball