



2018 High School Summer Boys Basketball

Tuesday, May 29 – Saturday, July 7

To: Valley Christian Boys Basketball Players and Parents
Re: Summer Basketball 2018

It's that time of the year to start planning and working towards another basketball season! I can hardly wait to have fun with the boys in the gym again!

A big aspect of basketball at Valley Christian and nearly all other area schools is the summer basketball program. Summer basketball is a very important time of year for us as we strive to improve individual skills and abilities as well as develop chemistry. Success is never achieved the day of the big game, but rather in the hours of preparation months and years in advance.

For new athletes, summer basketball is a great opportunity to learn a new system, to get to know new teammates from various area schools, and to get to know your coaches. I find that these connections greatly help with the social transition to high school as well as benefit our quality of play in the regular season.

Summer basketball will run from May 29-July 7. The big kick-off week will be May 29-June 1, where we will hold our four-day training camp. This is our chance to get everyone back, hit the fundamentals hard, and put our offensive and defensive systems in place. This is a necessary week for us to prepare for our summer league games.

We will again participate in the 91 FWY summer league at the Freshmen, JV and Varsity levels. The league will begin on Tuesday, June 5 and will run through July 5. We play mostly big area public schools, so while the competition is tough, it is a great chance for improvement. Games are scheduled for 4:00 (Fr), 5:00 (JV) and 6:00 (Varsity). The league schedule is included on the calendar.

In addition to the 91 FWY league, we have also scheduled tournaments for three different levels, Varsity, JV, and Freshmen. These dates are included on the calendar. Tournament schedules will be available as soon as we get them – usually a week prior. With the exception of one varsity trip, most are very local. Many of these tournaments are scheduled for Sundays, but we've made arrangements with the tournament directors for us not to play on Sunday to honor the Sabbath and family time.

It is always likely that athletes may play at different levels throughout the summer. We want all athletes to get some court time, so they may play both JV and Varsity, or JV and Frosh/Soph. We will have two practice sessions on Mondays and Wednesdays, one for Fr/So/JV and one for Varsity. A typical week for basketball players would be practice on Monday afternoon, game on Tuesday, practice on Wednesday, and game on Thursday.

Attendance to summer basketball is extremely important as we continue to improve the program. We understand and support the fact that family is priority, but also believe there is plenty of time for basketball as well. I understand that there are certain conflicts that will arise. It is far better to participate in as much as possible than to not play at all. Please notify us in case of any pre-planned absences for vacations so we can be planning appropriately. Please schedule summer jobs, dentist

absences for vacations so we can be planning appropriately. Please schedule summer jobs, dentist appointments, etc. for mornings. We plan to do all of our practicing mid-afternoons in attempt to give plenty of time to work, surf, sleep, or whatever during the rest of the day!

I also am well aware of commitments to other sports. The coaches at Valley Christian are committed to encourage athletes to play multiple sports. We all feel that the benefits of training year round in different sports with different coaches are beneficial to all involved. We will work together to resolve conflicts and make participation in all things possible.

Unfortunately these leagues and tournaments are not for free. We're trying to keep things as affordable as possible while still being able to compete regularly. The cost of summer basketball will be \$200 per player. This fee includes the camp, practices, T-shirt, summer league, and weekend tournaments.

For varsity guys, we also have a \$55 fee for our dorm rooms at Point Loma. We can pay those later.

For new athletes or those who need to replace or add a set of practice gear, there is a fee of \$65. This includes new shorts and reversible jersey, which is yours to keep and will be used for summer games and practices year round.

Please complete form below and return with payment to the high school athletic office by May 18.

I understand this is new to several families. Please feel free to ask any questions that you have in regards to the basketball program by way of e-mail. Thanks for your support and communication. The teamwork of parents, players, and coaches is vital to our ability to reach our potential!

To register for high school boys basketball please submit this form and a check payable to VCHS for \$200 (\$265 if new or buying practice gear) by May 18th to the VCHS Office.

Student Name _____ Grade Entering _____ Shirt Size (circle one) AS AM AL AXL AXXL

Parent Name _____ Home Phone _____

Cell/Work Phone _____ Email Address _____

AUTHORIZATION TO CONSENT TO TREATMENT OF MINOR

I/we, the undersigned parent(s) of _____, a minor, do hereby authorize Valley Christian High School coaches or school officials as agent(s) for the undersigned consent to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under the general or special supervision of any physician and surgeon licensed under the provisions of the Medicine Practice Act on the medical staff of a licensed hospital, whether such diagnosis or treatment is rendered at the office of said physician or at said hospital.

It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power on the part of our aforesaid agent(s) to give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his best judgment may deem advisable.

This authorization is given pursuant to the provision of Section 6910 of the Civil Code.

Date: _____

Parent/Guardian Signature _____ Name of Insurance Company _____

Any Medical Conditions/Medications _____ Insurance Policy or Group # _____

High School Boys Basketball Office Use Only: Check Number _____ Check Amount _____

May 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|------------------------------------------------|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 Final Exam Week | 22 Final Exam Week | 23 Final Exam Week | 24 Final Exam Week | 25 Graduation Day | 26 |
| 27 | 28 Memorial Day - No Basketball | 29 Fr/JV - 11:00-1:30 Varsity - 2:00-4:30 | 30 Fr/JV - 11:00-1:30 Varsity - 2:00-4:30 | 31 Fr/JV - 11:00-1:30 Varsity - 2:00-4:30 | 1 Fr/JV - 11:00-1:30 Varsity - 2:00-4:30 | |
| | | | | | | |

June/July 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|---------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| | | | | | 1 | 2 |
| 3 | 4 El Camp - 10:30-1:00 Fr/JV practice 1-3 Var practice 3-5 | 5 El Camp - 10:30-1:00 VC @ Norwalk - Fr/JV/Var - 4, 5, 6 | 6 El Camp - 10:30-1:00 Fr/JV practice 1-3 Var practice 3-5 | 7 El Camp - 10:30-1:00 Pioneer @ VC - Fr/JV/Var - 4, 5, 6 | 8 | 9 |
| 10 | 11 Fr/JV - 11-1 Var - 2-4 | 12 Fr/JV - 11-1 Var - 2-4 | 13 Fr/JV - 11-1 Var - 2-4 | 14 Boys Varsity BIW tourney @ Valley Christian JV @ Cal High tourney VC @ Cypress - Fr/JV/Var - 4, 5, 6 | 15 Boys Varsity BIW tourney @ Valley Christian JV @ Cal High tourney | 16 Boys Varsity BIW tourney @ Valley Christian JV @ Cal High tourney |
| 17 Father's Day | 18 MS Camp - 1:00-3:30 Fr/JV practice 11-1 Var day off | 19 MS Camp - 1:00-3:30 Buena Park @ VC - Fr/JV/Var - 4, 5, 6 | 20 MS Camp - 1:00-3:30 Fr/JV practice - 11-1 Varsity practice 3:30-5:30 | 21 MS Camp - 1:00-3:30 VC @ Downey - Fr/JV/Var - 4, 5, 6 | 22 Fr BIW Tourney @ Downey HS Var @ Point Loma tourney | 23 Fr BIW Tourney @ Downey HS Var @ Point Loma tourney |
| 24 | 25 Fr/JV - 1-3 Var - 3-5 | 26 La Mirada @ VC - Fr/JV/Var - 4, 5, 6 | 27 Fr/JV - 1-3 Var - 3-5 | 28 Santa Fe @ VC - Fr/JV/Var - 4, 5, 6 | 29 | 30 |
| July 1 | July 2 Fr/So - 11-1 Var - 1-3 | July 3 VC @ Kennedy - Fr/JV/Var - 4, 5, 6 | July 4 Independence Day | July 5 VC @ Cerritos - Fr/JV/Var - 4, 5, 6 | July 6 JV BIW Tourney @ Downey HS | July 7 JV BIW Tourney @ Downey HS |